



Pray. Think. Act.

Course Outline

Week 1: Introduction – Action AND Contemplation

Week 2: Prayer Spaces – The only way to pray is to pray.

Week 3: A theology of Prayer – “Tell me what your God look like, Celie.”

Week 4: Christian Mindfulness – From the Many to the One

Week 5: Disciplines of Gratitude – “If the only prayer you ever say is thank you, it will be enough.”

Week 6: Missional Disciplines – Surprise the World