Why have you organised this?

- Many people are finding the current lockdown difficult, more isolating than in the summer and could benefit from additional social interactions.
- The setting for a traditional Burns Supper allows old friendships to continue and new ones to begin. We can't exactly mimic that on Zoom, but will do our best to create a similar friendly, supportive environment. We hope some of that mutual support will continue in Kintore until the pandemic ends (and hopefully beyond that).

Who can participate?

- Any household in and around Kintore. You can also invite family members and friends from elsewhere who you think may like to join in.
- Please limit these extra invitations to personal ones. Don't just post the link on social media or another website.

Help please, I've never used Zoom before!

• Click this link for a guide to Zoom.

What food should we prepare?

- Whatever your household would enjoy together.
- If you'd like to include items from a traditional Burns Supper menu, we've compiled <u>this guide</u>.

Do we have to wear anything special?

• No – wear whatever you wish. It's traditional to include something Scottish, which might be fun – it could be anything from full highland dress to a tartan onesie!