

Kintore Konnect



Connecting
The
Community

Issue 45

September 2021



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Kintore Konnect

For all enquiries, please contact 01467 634772, or email kintorekonnect@yahoo.co.uk.

DEADLINE

for the December 2021 issue is
1st November 2021

Please submit your articles, club news, event information, advertisements, letters or anything else of interest to the team by email to kintorekonnect@yahoo.co.uk or contact 01467 634772 for mailing instructions.

THANK YOU

We are very grateful for those who submit articles for the magazine; to the advertisers without whom the magazine would not survive and finally to those who help with the deliveries. More volunteers are needed to help with the magazine and deliveries. If you enjoy walking, please feel free to pick up a bundle at Moar House Furnishers, Forest Road, Kintore, or if you can help in any other way, please contact 01467 634772.

CONTRIBUTIONS

If you have a story to tell that you think would interest the community, we would be delighted to hear from you. Please either email us at kintorekonnect@yahoo.co.uk or give us a call on 01467 634772.

FACEBOOK @ kintorekonnect



Please give us a like on our new Facebook page! Keep up to date with deadlines, share with us any posts, pictures, info or events you would like to include in the next issue.

EMAIL ADDRESS

Any articles, event information or queries should be sent to kintorekonnect@yahoo.co.uk

Thrift

Recycling and repurposing is not a new 'fad', it's been around for decades through basic necessity. Thank you to Alison McCall for the following:-

There was a time when "thrift" was a virtue encouraged in various ways. All the local shows had, alongside competitions for the best jam, or the best dahlias, competitions for thrifty items knitted from run-back wool, or made from material cut from larger, worn out clothes. How to make something out of nothing was a popular talk at W.R.I and Women's Guild meetings. Evenings by the fire might be spent making rag rugs or darning socks. Helpful hints appeared in magazines – The Onward and Upward magazine, which was the brainchild of Lady Aberdeen, recommended that after cooking, rather than waste the heat in the oven, it could be used to dry orange peel to use as kindling. Mrs Elizabeth Barnett, of Aberdeen, published a series of booklets in the 1930s. These recommended Bovril sandwiches as cheap and filling, and suggested recipes to make one chicken feed a family for three days. By the third day, the chicken had been boiled for a total of seven hours! One interesting suggestion for encouraging thrift was put forward by Miss Agnes Webster, a teacher in Aberdeen. She suggested that lessons on the manufacture of needles and the production of cotton should be included in the needlework curriculum "to teach the little ones not to carelessly lose or break" needles and to use cotton thriftily. Perhaps today, if we knew more about where our food comes from, and the effort involved to produce it, we might be less careless about wasting it.

ADVERTISING IN KINTORE KONNECT

Opportunity to advertise in Colour

We are now in a position to offer colour advertising. Please see the rates below. Discounts apply for 4 issues. For further information please contact 01467 634772 or email kintorekonnect@yahoo.co.uk

Rates	Commercial		Community	
Page Size	Per Issue		Per Issue	
(Based on A4)	B & W	Colour	B & W	Colour
Half	£80	£160	£40	£80
Quarter	£40	£80	£20	£40
Eighth	£20	£40	£10	£20
Sixteenth	£10	N/A	£5	N/A

Discounts available for multiple issues

EVENTS

Let us know about your event.

The next issue will be covering the period from December 2021 to March 2022. Please call or email us with details of any events during that period that you would like included.

Kintore Konnect reserves the right to refuse or amend any advertisements or submission and accepts no liability for any omission or inaccuracy.

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What's Happening at Kintore Library

At the time of writing, in early August, Kintore Library is open for browsing (no appointment required) on a **Saturday morning 9 – 11.30**, and on a Click and Collect basis, (please see below), on **Tuesdays 12 – 3.30**. This is subject to alteration and updating.

On a Saturday browsing session, numbers using the library are on a strictly limited number basis, and you will need to be signed in for track and trace purposes.

You will be able to access the public computers and print from your own or our device, paying either with your card or in cash (correct change please), You may also photocopy (cash only – correct change please),

And of course you will be able to choose your own books. You will also be able to pick up hearing aid batteries / dog poo bags/ food caddy waste and battery bags.

On a Tuesday Click and Collect slot, you will be able to

- *Return items*
- *Collect a reserved item*
- *Collect a book bundle (which will be chosen by the librarian from your guidelines)*
- *Pick up hearing aid batteries / dog poo bags/ food caddy waste and battery bags*

For further information or to book a Click and Collect slot at any Aberdeenshire Library please visit the website <https://lifelifeaberdeenshire/libraries/click-and-collect/> or phone 01467 532929 during office hours. This is also the phone number for Live Life Aberdeenshire Leisure sites.

As many staff are still redeployed any future opening up of facilities will be on a phased basis.

Please like our Facebook page Kintore Library and/or Aberdeenshire Library and Information Services.

Kintore Utd 2007s (Under 15s) Update

At the last game of the season, Kintore Utd 2007s (Under 15's) were presented with their new strips and jumpers for the coming 2021/22 season. Sponsored by Safelift, Kevin Watt is seen in the below photograph presenting them with their strips.



Photo taken on 27th May 2021 at Turriff



A Great Service!

With the summer looming and uncertainty about whether I could go anywhere, with anyone, I was curious to find out what was happening at my local library. By logging into www.lifelifeaberdeenshire.org.uk I discovered that I could click and collect a fiction bundle of books (Other bundles are also available) by just ticking the genres I was

interested in. There was room to write a message if needed. I had missed my monthly library visits so much and was suffering from computer screen burn out so needless to say, I was delighted. I was even more delighted when the lovely Janet came outside with her trolley of books and my bundle was ready for me. What a service! She clearly knows my reading taste better than I do myself as every book was a winner! Let's support our local library - order your bundle today.

Jackie Gibb

KINTORE HISTORY



300 years ago

Kintore took part in a national day of fasting, with special church services, on Friday 8th December 1721. The Fast Day had been ordered to prevent an outbreak of plague from spreading throughout Britain. No face masks or social distancing in those days!

150 years ago

Fifty four poor people in Kintore were given clothes by the Countess of Kintore in October 1871.

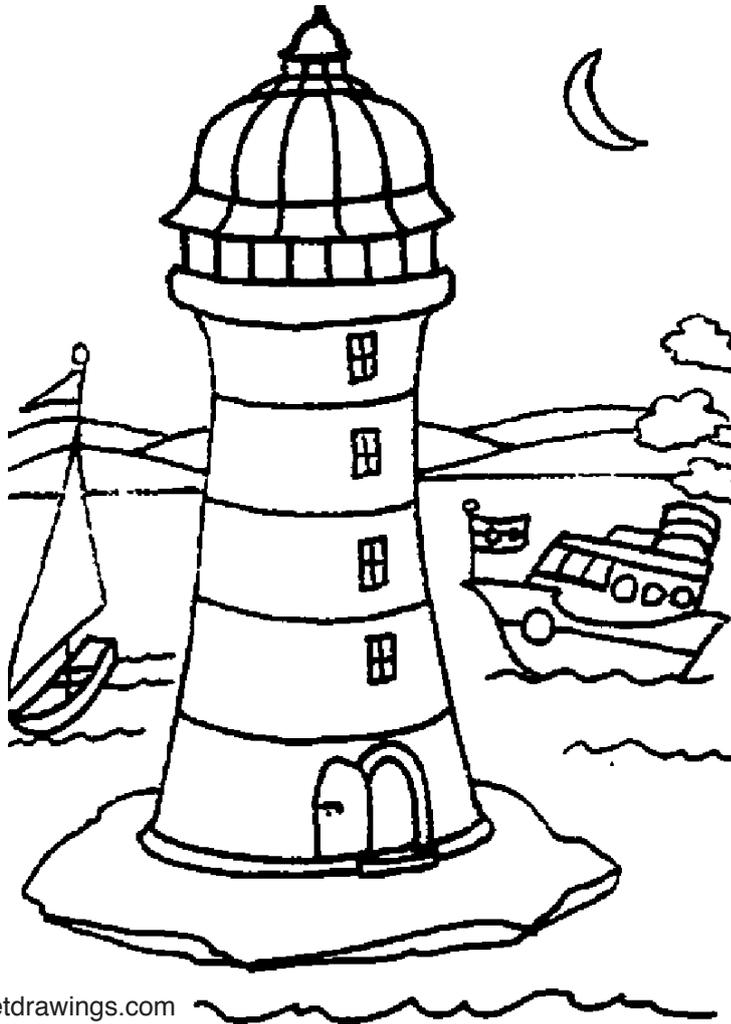
Telegraph offices were opened in Kintore, Alford and Oldmeldrum in November 1871.

Three men were found guilty of a breach of the peace in Kintore. One was sentenced to ten days in prison, the second, who had a previous conviction, to twenty days in prison and the third, who had three previous convictions, to forty days in prison with hard labour. November 1871.

WIN A £10 GIFT TOKEN

All children up to 10 years of age can enter this competition. Please hand in your entries to your local butcher, J&G Dossett by 1st November 2021. Well done to the winner of issue 44, Anne Stuart, aged 7.

See the Lighthouses at Garioch Heritage Centre,
now colour in your own below



NAME: _____

AGE: _____

ADDRESS: _____

TEL: _____

Think You Know Quiz by Cllr. Glen Reid

The Konnect Konundrum

- Which 'BH' is a three storey L-plan keep, near Kintore that dates from the 16th century?

Scotland

- Munro is the name given to a Scottish mountain over 3,000 feet high, but what 'C' is the name for one that is 2,500 to 3,000 feet high?

- Which Scottish city is officially the greenest in the United Kingdom with a whopping 112 public parks and more trees per capita than anywhere else in the UK?

- Prior to this year's Euros, which football tournament was the last one that the Scotland men's national football team qualified for?

- Which type of eagle is the largest bird in the United Kingdom with a wingspan of up to 2.5 metres?

General Knowledge

- What was the Turkish city of Istanbul called before 1930?

- In what year did Tony Blair first become British Prime Minister?

- What is the capital of New Zealand?

- What is the name of the 1976 film about the Watergate scandal, starring Robert Redford and Dustin Hoffman?

True or False?

Which one is true and which one is false:

- Aberdeen FC are the only Scottish football team who have won three UEFA European trophies.

- The self-seal envelope was invented by an Aberdonian.

**See page 15
for the answers!**

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Doggy Breath

We often joke, as our pet jumps up on our lap to give us a big lick on the nose, about how terrible his or her breath is. It's not just dogs either, plenty cats (I'm sure we all know one) have breath that would wilt a daffodil! Bad breath however is a symptom which should be taken seriously. It is an early warning sign of a much more serious problem lurking below the surface.

Each time we eat (and the same goes for our canine and feline companions), we get food residue on our teeth. Wet foods in general are worse for causing food residue than dry ones are, but there are plenty dogs and cats fed only dry food with severe dental disease out there. Some dry foods are better than others as well. Certain manufacturers invest heavily in research to make sure that their kibbles will clean teeth at the same time as crunching. You would be well advised to seek advice from your vet on this before choosing a new brand of food. This food residue is a fantastic food source for bacteria from our mouth, which do what bacteria do best and breed on our gums. This is why our dentists insist that we brush our teeth at least twice per day – to scrub off this sticky film of bacteria and food residue. Unfortunately, most pets do not brush their teeth even once daily, which facilitates progression to the next stage of dental disease.

The sticky film is called 'Plaque'. Over months, minerals in saliva also stick to this plaque layer and start to crystallise. They form a hard substance called 'Tartar' which sticks like rock to the teeth. It is generally yellow to brown in colour and contains live bacteria. If you look at your pet's teeth and they are not pearly white, then there may be a

problem. Over many more months the bacteria start to infect the gums (called 'Gingivitis') which is what causes halitosis (our doggy breath problem). Once we reach this stage we are almost critical and in many cases the only way to cure the problem is with a general anaesthetic and a thorough scaling and polishing of the teeth.

If we don't intervene at this stage, the next step is infection of the tooth roots leading to (potentially) abscesses and tooth ache. Bacteria can even enter the blood stream and colonise the heart valves leading to a heart murmur, or the kidneys leading to a kidney infection. See what I mean about alarming consequences from Doggy Breath?

Dental disease is much better prevented, so I would encourage you all to ask for a check up with your vet or practice nurse to assess your dog or cats teeth. We will also gladly demonstrate the correct tooth brushing procedure. It's not quite the same as with humans, and we must use the correct dog or cat toothpaste, so please do ask for help before embarking upon a daily brushing regime. For those of you who just can't see how your pet will tolerate brushing: never fear there is help at hand. There are a variety of food additives and pastes that have some effect and avoid the need to brush, but tooth brushing really is the best way to prevent dental disease.

Good luck everyone and please remember to ask your vet to look at your pets teeth for you.

Charlie Carnochan BVM&S MRCVS
Clinical Director



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Alison T. McCall Genealogist

Curious about your family history, or the history of your home?

Contact Alison McCall
30 East Park Road, Kintore, AB51 0FE

Tel
01467 632558

Website
<https://northeastgenealogyservices.uk>

Reasonable rates

How to get in touch with Councillor Martin Ford

Contact details for Cllr Ford:

Tel: 01224 790052

E-mail: maf.cairnie@gmail.com

Letter: Cairnie, Fintray, Aberdeen AB21 0JE

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In February 2019 the Legislation relating to smoke detection in your home changed.
All domestic properties in Kintore could be affected.

You need to have the following: -

- One smoke alarm installed in the room most frequently used for general daytime living purposes.
- One smoke alarm in every circulation space on each storey, such as hallway and landing.
- One heat alarm installed in every kitchen.
- All fire alarms are to be ceiling mounted and must be **interlinked**.
- Carbon monoxide detectors are to be fitted where there are carbon fuelled appliances (such as boilers, fires, open fires, heaters, stoves or a flue).

The Regulations come into effect in February 2022.

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Kintore & District Community Council

All things going well, it won't be long now before we have our first face to face community council meeting in almost 18 months, and it will be great to see everyone together again. It's been a tough year for everyone, but as a community council we've managed to keep momentum and engage as much as possible, the support from Aberdeenshire Council has been great as well as our local councillors. It's going to be great to meet up again.

The development at the town park has been a large discussion point this year, with the planning application finally going to the Garioch Area Committee and being refused. It's not the end of the process, but it did show that as a community we are being listened to and our views are valid. We'll continue to fight for what's best for Kintore and ensure that the outcome is best for all concerned.

A frustrating matter of recent times has been local vandalism, on the evening of Friday 6 August, more damage was caused to the floral displays in the town centre, this time to those in the barrels on the pavement outside the Square Bar. Apparently, the vandalism was witnessed by a person who challenged those responsible and was arrogantly told "So, what can you do about it anyway".



The photos show the 'before' and 'after' state of one of the barrels, with most of its plants removed and thrown onto the pavement. A tremendous amount of voluntary time and effort, by a lot of people, goes into creating and maintaining these displays for public enjoyment and it's really annoying and disappointing to see them treated in such a manner. Is there a solution out there though?? We continue to liaise with the local community police, and there has been an increase in their presence, hopefully through time this will help curb some of the issues.

Another unfortunate accident in June resulted in one of our defibrillator installations being damaged when the protective box was hit by a vehicle, in the Co-op carpark on Northern Road. It is fixed to a fence owned by Dave Barron, who owns the Fish Bar. Breedon Aggregates Ltd, from Tom's Forest Quarry has been a long-term supporter of the town, having provided one of the large planters in the town centre and Manager Craig Godsman (second from right in the photograph) stepped in again, to purchase the replacement defibrillator box. Alan Milne is one of the Garioch area's First Responders. He has used defibrillators on many occasions to save lives and recognises the



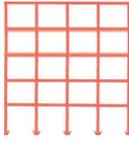
importance of having ready access to them. He ensures Kintore's defibrillators are always maintained and ready for use. Also in the photo is Kenny Thomson, from the Kintore Community Council, which installed several new defibrillators in Kintore last year in response to the worrying situation of having only one and medical help and ambulance services stretched due to the pandemic. Defibrillators are now located on the wall of Rebecca Carr Hair Salon's premises at Midmill, at First Photographics in the Square, on a wall at the entrance to Kintore Primary School and on a fence outside 41 Hallforest Avenue (half way along the Avenue off the roundabout and on a fence at that address). These boxes are alarmed but unlocked and contain easy to follow instructions. A defibrillator was also on site during construction of Kintore Railway Station and was donated to the Community Council on completion of the work. It is located in a locked box on the platform at Kintore Railway Station, with the code accessible from the Ambulance Service in an emergency.

Defibrillators are surprisingly easy to use, as they talk users through the procedure. It is hoped First Aid and defibrillator awareness courses previously run in the Bothie can be advertised and begin again now that covid restrictions are removed. Almost 50 people attended the last courses held there.

It's that time of the year when normally the Summer Festival will be upon us, but it's been another victim of Covid and won't take place until next year. They are still always on the look out for helpers, so keep an eye on the facebook page. We are still planning to arrange the fireworks this year, the date is booked so look out for updates, after the past year, it will be great to see a community event taking place.

We continue to meet online, hopefully in person soon, anyone from the community is welcome to attend and listen to what is discussed. As part of the Garioch Area, the community council have support from Aberdeenshire Council, with our local councillors attending meetings to give advice and support. Our meetings are the 3rd Tuesday of each month, at 7pm. Email info@kintorecommunitycouncil.co.uk with any questions.

Jamie Grant & Kenny Thomson
Kintore and District Community Council



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THE BOTHIE *ringingpeople2gether*

We are re-opening some of our youth groups!

**Mondays - Junior Group for P5, P6, P7
3.30pm-5pm**



**Tuesdays- YAFTS for all kids S1+
7pm-9pm**

Allendale Gardens

AB51 OUT

All youth groups are FREE and ran term time by our fully trained staff and volunteers. For more information, contact our Youth and Bothie Development worker, Rachel Lewis on Rachel.lewis@actionkintore.co.uk

or 07842265814

Or check out our Facebook and Instagram page - Bothie Kintore



Kintore Church

Message from Rev Neil Meyer



Sustainable Kintore, Sustainable World

"The earth is the Lord's and everything in it, the world and all who dwell in it."

Psalms 24:1

Dear friends,

The UK will host the 26th UN Climate Change Conference of the Parties (COP26) in Glasgow on 31 October – 12 November 2021. Following the UN Report on Climate Change in August this year, which painted a bleak picture of global warming, increased extreme weather patterns around the globe and of time running out to curb some of the worst effects of climate change, the conference in Glasgow has its work cut out. The goals of the conference are for countries to commit to ambitious emissions reductions targets that align with reaching net zero by the middle of the century – this includes commitments to accelerate the phase-out of coal, curtailing deforestation, switching to electric vehicles and encouraging investment in renewables; protecting vulnerable communities and natural habitats; mobilizing finance; and accelerate collaboration between governments, businesses and civil society.

This matters to all humanity but, as people of faith, we have a particular stake in the climate change conversation. The Bible makes it abundantly clear that God's plan for humanity included care for the environment from the first moment humans appeared on the planet. For too long humanity has seen itself as both the pinnacle of all

life-forms and, therefore, as having the right to use, abuse and dispose of the rest of creation as we please. Such cavalier selfishness has finally come around to bite us in the proverbial. And Christianity must admit its complicity. Much of our faith-talk for centuries has focused on God's salvation plan for the individual human being. It's not that we were wrong – God, in Christ, does have a deep and steadfast love for each individual human being – it's just that we weren't always telling the whole story.

God's love for us was never the whole story. God's invitation was always that as God's beloved ones, we should join God in the Divine task of loving and caring for the whole of the creation.

For this reason, we are supporting a new group that was started this year called "Sustainable Kintore". You can follow them on Facebook, Instagram or catch up with them via our website: www.kintorekirk.org. The group is exploring ways for us to put environmental responsibility and sustainability into practice locally while also supporting climate justice initiatives further afield.

Grace and peace to you all,

Rev Neil Meyer



Dates for your diary

Sunday 19th September

Sunday 17th October

Sunday 21st November

Sunday 5th December

At the time of writing, the Covid 19 restrictions are being relaxed and we are definitely planning to be back for the autumn term, whether outdoors, face to face in the Halls (perhaps with limited numbers initially) or a mixture of gathering and activity bags. Time will tell as things hopefully become clearer as we move forward safely. We are so looking forward to getting back together in whatever shape or form, and invite folks who have already experienced Messy Church along with those who would like to come along and try Messy Church out for themselves.

More details and arrangements can be found on the Kintore Church website kintorekirk.org or on Facebook Messy Church Kintore.



Health Walk in Kintore



These are short low level walks around Kintore and designed for all abilities. Anyone can come along and join us, the walks are free you just need a comfy pair of shoes

We meet in the Square at 10.00 a.m.

ON WEDNESDAY

1st, 8th, 15th, 22nd, 29th SEPTEMBER

6th, 13th, 20th, 27th OCTOBER

Come along or for more information contact

Meg on 01467 632455 or Sheila on 01467 632594

Councillor's Report

Loch Burn/Northern Road Flooding and Network Rail

I have been trying to tackle the flooding, and the anxiety and damage that it causes, in this area since I became elected. I have successfully managed to persuade council officers to promote a flood defence scheme here to the Scottish Flood Cycle, but this is a long process which can take more than six years and I firmly believe that people cannot and should not have to wait that length of time.

I have had discussions with the flood team, and they have a possible solution whereby the flow of water through the railway culverts would be controlled, but it requires Network Rail assistance as it is their property. They have been very reluctant to meet with the council, but I finally persuaded them to sit down 'virtually' last month and it was a very positive meeting. I left it very hopeful that they will agree to the flood team's solution and that funding, from both bodies, will be found. I will update residents later, but I will continue to push for this to happen as I have seen first hand the misery that flooding inflicts on property and mental health.

Flash Floods

Following the recent flash flooding around the SUDs area affecting Castlepark Grove and Hallforest Avenue/Crescent, I raised the issue of the blocked gullies and the underperforming SUDs with the Head of Roads and the local roads team.

I was then advised that, following an investigation, although there was a defect, it had been categorised as a 'low priority'.

I immediately took this up with the Area manager, sending her all the pictorial and video evidence that residents had sent to me. I have argued that this needs to be reprioritised as I find it unacceptable that an issue that is within the control of the council and affects so many households can be categorised as such.

As a result, a meeting has been organised to thoroughly investigate the situation. Meanwhile, as bad weather was imminent, I obtained the number for the lock on the community resilience container and opened it so that any residents under threat of flooding would have access to the sandbags to enable them to protect their properties.

Kintore Knackery

For quite some time I have been in receipt of complaints from many residents concerning foul odour emissions from the LEO Group plant outside of Kintore which is in its commissioning phase.

I have been in constant supportive dialogue with residents and SEPA, who are the regulator. SEPA have now received additional resources that will ensure that they can respond to all complaints, in order to 'double up' on their odour assessments meaning that they can substantiate (or not) any foul odours.

Thankfully the commissioning process has nearly been completed, after which a report is to be submitted to SEPA by the operators demonstrating that they can comply with all of the conditions in their permit. At that point SEPA will determine whether they agree that all conditions can be met.

I believe that foul emissions cannot continue to affect residents lives so frequently. If you are affected by this it is important that you report it to SEPA as action cannot be taken unless they are informed.

Park Review

Before the recent Scottish Parliament election, the SNP announced that, should they be re-elected, there would be £60 million of funds for play parks across Scotland.

As the ruling Conservatives and Liberal Democrats administration here in Aberdeenshire had just cut the parks budget, I saw this as an excellent opportunity for Garioch, and in particular our ward of East Garioch, to gain access to funds to address the inequality of park provision for different age groups and between different settlements. I know that this is a huge concern for many residents.

I immediately asked officers to conduct a thorough review of our park provision so that we are in a position to apply for anything that is available, as soon as it is available.

Should you require my assistance, please do not hesitate to contact myself through the details below:

Cllr. Glen Reid

Community Champion – LGiU Scottish Councillor Awards East Garioch (Ward 12)

Tel: 07388 956139

Email: cllr.g.reid@aberdeenshire.gov.uk

Action Kintore update August 2021

The Bothie

The Bothie youth groups should start to return to normal once the schools return, with hopefully a good range of activities.

Action Kintore

The plans to refurbish the Town House are almost complete ready to go for planning permission, they will be shared with the community once the application is placed for comments.

We await noise assessment and tree reports for addressing any noise abatement required in the building

and to apply to remove and replace some of the trees in the square as the area is needed for the proposed café extension.

The Bothie walls are now being assessed to deliver a satisfactory solution to the cracking and we shall report on the outcome in due course.

With things returning to almost normal, we expect to open up the Bothie for lets, again and will welcome back the groups who have had to stop due to Covid regulations.

Brian Johnstone *Chairman*

Kintore Kemnay & District Rotary Club

Hope everyone is keeping well and safe, it's been a tough 18 months but things are looking positive. At the Rotary Club, we recently had our first face to face meeting, not indoors but we took the opportunity of the good weather and had a very pleasant walk at Kemnay, out the Fetternear Estate. It was brilliant to catch up, chat with each other and enjoy the company. Looking forward to many more in the coming months.

The new Rotary Year has also begun, and we had a great handover meeting from outgoing President, Charlotte Duncan to our new President, Jim Hatter. It had been a tough year for Charlotte, with no face-to-face meetings, but she did a brilliant job of keeping up momentum online and we had some great events in the last year, with successful initiatives. During the meeting, Charlotte was also presented with the Paul Harris Fellowship Award, given in recognition of members service to the club over a long period, and this was well deserved for many years of service from Charlotte. We look forward to the many plans now that Jim has, and we hope to welcome new members to our team.

One such initiative that Jim has planned, involves two local sheltered housing communities, Airlie House and Provost Lawrence Court. Jim visited both recently, asking if there was anything we could do to support. The staff said they would welcome some new planters, due to the condition of the current ones, so one of our Rotray Members, Victor Nicol, has kindly offered to build these ready to hand over, which will keep him busy as there are twenty to do!

We have had more very good speakers of late along to our meetings, of note was Iain Troup who gave us a brilliant talk on the changes to the Kintore Scout Hut. With the help of government funding, they created the Phoenix Fund, to update and make improvements to the hall. It was amazing to see the amount of work put in by the Scout leaders, volunteers, local businesses, and the kids themselves. The transformation has been incredible, repairing wear and tear and putting in some very useful features for the Scouting organisations using the facility. It was encouraging to see the public support too, when they were doing further fundraising, and all done over the last year.

There was also a recent presentation of the Garioch Heritage Centre from Colin Wood. Colin gave a very interesting presentation about the Garioch Heritage Society, founded in 1987, through to the opening of the Garioch Heritage Centre in 2017 and culminating in a community buy out in March of this year. The Garioch Heritage Society (GHS) was founded in 1987 to research the history of the area and gather artefacts relating to the domestic and working lives of its people. The GHS became a registered charity in 2004 and a limited company in 2009. The Garioch Heritage Centre was opened in 2017 to display the collection of the GHS. It is GHS policy to employ local people in the operation of the centre, and it's well worth a visit with many activities planned.

During early August, at the Drouthy Laird in Inverurie, Charlotte Duncan, along with Jim Hatter and David Fraser, surprised our Citizen of the Year recipient with a brief presentation.

We are delighted to announce that the Rotary Club of Kintore and Kemnay's recipient of the Citizen of the Year Award for 2020-21 is Laura MacGill!!



Laura is a very worthy recipient of the Award, and was nominated by more than one person. Each year we look for people of any age who are prepared to help others and who quietly dedicate a great deal of their time and energy in the service of other people. Laura has done a power of work for 'Lend a hand Kintore during the challenges of the pandemic. Those in the community who were vulnerable had, for example, groceries and prescriptions collected and delivered. The Foodbank also benefited from her commitment and dedication. As one person said in the letter of nomination, "Her selfless care for the community in times of crisis has been exemplary". Our Citizen of the Year has also worked tirelessly for Scouting. She has led the Kintore Scout Group – and that takes dedication – and stepped up to the mark in 2020 as Group Scout Leader. During the pandemic she has been described as the glue that has held the Scout Leadership Team together.

A big thank you to Iain Troup, Kintore Scout Leader, and Andy Till, Gordon District Scout Commissioner, for their help in organising the surprise.

A very big and heartfelt congratulations to Laura, we look forward to welcoming her to one of our meetings soon

With restrictions lifting, we are starting to get some events planned, with a couple of Rotary Tea Parties well in the planning stage, dates to be confirmed to keep an eye on our facebook pages, these have always been well received and tickets sell fast!! We'll also be doing the shoebox appeal later in the year, as well as fundraising for Charlie House through the Bon Accord car raffle, so lots to look forward to.

We are now starting to look at meeting in person more regularly, but as with a lot of organisations we have learned the benefits to online meetings and these will continue at least once a month. The intention, when possible, is to meet at different locations in our area, for fellowship and discussions. We welcome many guests, and if you would be interested to join in on a meeting or find out more about Rotary and how you can contribute within your community, find us on Facebook or send a message to jamie.grant79@yahoo.com. Our meetings are the 1st and 3rd Thursdays of each month, at 6.45pm.

Jamie Grant

Kintore, Kemnay and District Rotary Club



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Diary of Events

DATE	EVENT	WHERE	TIME
1st Tues	Kintore SWI	Kintore Public Hall	19.30
3rd Tues	Community Council Meeting	Currently online	19.00
1st & 3rd Thurs	Kintore, Kemnay & District Rotary Club	Currently online	18.45
3rd Sun	Messy Church	Kintore Church <i>as per covid regulations</i>	15.30-17.30
<i>Weekly Meetings</i>			
Mon	Junior Group - P5, P6 + P7	The Bothie	15.30-17.00
Mon	Girls Brigade Groups (P1 up to and including S6)	Church Hall	17.00-18.45
Mon	Kintore Scouts - Cubs (8-10 years)	Kintore Scout Hut	18.30-20.15
Tues & Thurs	Kintore Scouts - Beavers (6-8 years)	Kintore Scout Hut	18.00-19.00
Tues & Thurs	Kintore Scouts - Scouts (10-15 years)	Kintore Scout Hut	19.30-21.00
Tue	Young & Free to Speak (YAFTS) (All kids S1+)	The Bothie	19.00-21.00
Wed	Health Walk	The Square	10.00
Sun	Kintore Community Church	Kintore Village Hall	15.00

Why not visit Garioch Heritage Centre, open Thursday til Sunday 10am til 4pm and see the Lighthouses and various events.

Check their website <https://gariochheritage.co.uk/>

Sustainable Kintore Litter Picker Station Locations

47 Northern Road
106 Kingsfield Road
Deepdale, Forest Road (Top)

Please feel free to borrow a picker at any time if you are out walking in Kintore



Think You Know Quiz by Cllr. Glen Reid

Answers

The Konnect Konundrum

- Balbithan House.

Scotland

- Corbett.
- Edinburgh.
- The FIFA 1998 World Cup.
- The sea eagle.

General Knowledge

- Constantinople.
- 1997.
- Wellington.
- All the President's Men.

True or False?

Aberdeen FC are the only Scottish football team who have won three UEFA European trophies.

False.

The self-seal envelope was invented by an Aberdonian. **True.**

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Local Girls Rugby

When asked about rugby, many people picture big men rolling about, wrestling a ball off each other. That is what I used to picture rugby as, before I started playing. When Kemnay Academy started a girl's rugby club, I never really considered joining. Two of my close friends did, and they tried to persuade me to join. I eventually caved to them and went along, mainly with the intention to humour them. I never expected to really enjoy myself. I have been playing rugby for two years now, and I have found a sport that I love. I am still playing for Kemnay Girls team and have also joined Garioch Girls in Inverurie.

When people think of rugby, they do not usually think of women's rugby. When I speak to people about rugby, they are usually surprised that I am in two teams, locally. Many people are surprised that there are any girl's rugby teams locally. There are girl rugby teams all over Scotland. The Scottish Rugby Union often runs events for girls' teams, where you can travel and meet new players and develop skills. I have been to events in Aberdeen where players have come from places like Inverness. There is a drive to recruit more girls for rugby and build up an awareness that girls play rugby too. There is not a lot of information about

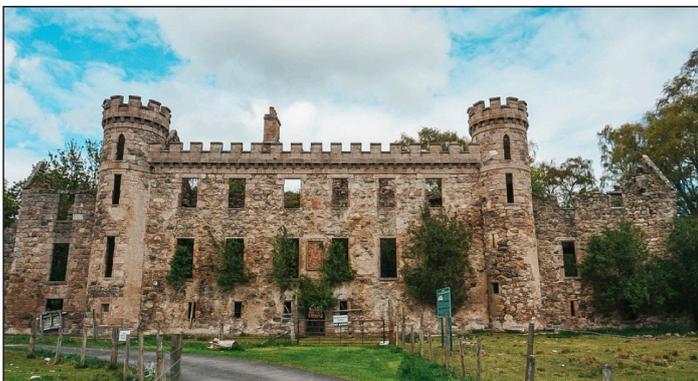
professional women's rugby either. Before I started playing, I had no idea that there was a women's six nations or world cup.

I asked one of my Garioch coaches if she could describe her rugby experience in three words and she said "Camaraderie, support, mud." I feel like these are the best words to sum up rugby as a sport. Many of my teammates all agree that the team aspect of rugby is one of their favourite things about the sport. I have been in many clubs and played for different sports teams, but the atmosphere created in a rugby team is great. We all support each other within the team and outside of it. It is not really about who scores the most tries, or whether you are there for a bit of fitness or to play seriously, it is a great experience. I would recommend rugby to anyone looking to start a new sport, even if you are not the strongest, or the fastest or the tallest. Garioch rugby offers rugby opportunities for all ages, including adults. Our rugby teams are made up of people who are all completely different, but we can all work together and support each other. Rugby is a great sport for anyone who does not mind a bit of mud.

Katie Henderson

Aberdeenshire Walks

We asked Aberdeenshire Walks if they would like to feature in Kintore Konnect and suggest a few local walks. They very kindly sent us the below walk at Kemnay.



Fetternear Estate, Kemnay

9km, just over 2 hour walk but lots of trails so could easily be shorter

Small car park at the estate entrance just outside Kemnay. Google Maps took us to the wrong place at the start so use coordinates (57.23451, -2.45245)

We had wanted to visit Fetternear Bishop's Palace for ages as it looked amazing and has some fascinating history. The rest of the walk did not disappoint either as it was filled with beautiful woodlands and amazing views over to Bennachie!

We walked round Fetternear Woods where the palace was, and then round Cot-Town Wood passing St Ninian's Chapel. If you wanted something shorter and accessible the whole way round, just heading round Fetternear Woods would be a great walk too.

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